

Success springs from making dynamic choices  
(vs. static choice) not bound by old habits and beliefs.  
The acronym we use is S-M-A-R-T.

S – Stretch more than you can reach

M – Make everything measurable

A – Agreement with your inner self and those around you

R – Record your progress

T – Time limits for acting and getting a result

S-M-A-R-T choices require us to move outside our comfort zone,  
explore something new: stretch, measure, agree, record and time.

Thought for today is:

**I make SMART dynamic choices that are valuable to me.**

*"To design the future effectively, you must first let go of your past."*

— Charles J. Givens