

Octave + 1/2 Step with Harmonics

1. Listen and feel the sound you are creating.
2. Harmonics can help with Air- angle, speed, pressure, embouchure flexibility and tone colors.
3. Try different cues and harmonics to bring your sound to life.
4. Include your whole body, mind, spirit and the space you are playing in.

Learn these by heart so you can listen and and sense more about the kinds of sounds you are creating.

Repeat each section going backwards. Below are more practice cues. Choose between harmonic fingering and real.

Organize your body & breath

breathe in time,
as part of music

expressive phrasing

emotional vibrato

beauty of intonation

soft, light shoulders

soft relaxed tongue

vowels: tah, ah, oh, ah, oo

singing sound

spacious oral cathedral

counted vibrato in 5's

spin your sound, sculpt your phrases

centered, aligned & intune?

listen... feel it and be moved by what you are playing

still centered & aligned?

how are your releases?

how is the start of each note?

how is the middle of each note/phrase?

aligned & beautifully intune?

flutter tongue

hum & play

liquid legato

intonation & color

air speed, pressure and flow

ribs & resonance

release & allow

look in mirror

supple, flexible lips

release muscle tension

open & singing

spacious sounds

resonant, ringing rich sounds

connection to core energy in body & sound

play with your whole body, mind & spirit!