

21 Days of Guided Creative Practice

DAY _____

Mindset:
Breath:

Body:

CREATIVE FOCUS:

SOUND EXERCISES:

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-
-

MELODY:

-
-

TODAYS KEYS:

Major -

Minor -

PRACTICE IDEAS:

-
-
-

TECHNIQUE EXERCISES:

-
-
-
-

ETUDE:

-
-

EXCERPTS:

-
-

REPERTOIRE:

-
-
-
-

LISTENING:

-
-

RECORDING:

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JOURNAL:

MY LIST:

