

Tone & Tuner #1

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Use your **Tuner** for the whole Exercise. By looking at your tuner, you can check your ear. Is what you hear **in tune** on your tuner? Listen and become friends with, get to know the tone and intonation of each note on your flute. Use your whole body as a resonating instrument. How you listen creates beauty. Every note, every sound has a shape with a beginning, middle and an ending.

For more ideas see *Tone to Do's "Tone Circle"*

Balanced Body = Supported Sound

quarter note = 60

Breathe in tempo. Breathing is part of the music and tone.

Flute

1. Practice with **Directional, & Counted Vibrato**: 4's, 5's, 6's per quarter to give **emotion and beauty** to your singing musical line.

Connection to Core and Chin!

Be Connected, Involved, InTune with your Sound.

2. **C#'s & C's**: learn play them in tune and with a rich sound. Take your time. They are **VOLATILE**. Balance your Flute and Body is key.

3. **Finger Breath** before each group to open the body and free your breathing and sound.

4. **Magic Tunnel** - use your air & lips... focus your air tunnel Tongue & Jaw - Soft tongue muscle and released jaw.

5. **Sing and Play**: 2. Fluter 3. As written Sustain a **hummed** easy pedal note, or sign the notes unison. Feel your vocal chords, folds sing with ease.

Lift Left Leg, balance on one Leg = Core support

6. Use **Colors Chart**, and **AEIOU** the Vowel Shapes and to enrich your Tone.

7. Remember to **listen** with new ears. Do NOT just look at the **tuner** to fix your intonation, **listen and adjust**.

***Harmonics**: when there are 2 written notes, finger the lower note and sound the upper.