



# Chromatic/Vibrato Warm-Up

Vibrato - Vowels - Sing/Hum - Harmonics - Flutter

**Start with quarter at 60 and vibrato rhythm in 3's - on each note.**

Use a **wide waves**, round, open vibrato, in a free exaggerated way, to open sound and body.  
Use active air speeds, support and "ha ha" vibrato,  
This will open your sound and connect you to your breath, body and vibrato.

♩ = 60      Let go of tension on rests and use a "how" breath



Feel a bit closed ? **Sing a low hummed note**, to sense your vocal folds are open.

You may also **flutter tongue**, as this relaxes the tongue tension and releases the jaw.



Listen is your sound is getting too bright, or thin, or out of tune?  
Don't tighten your embouchure, or squeeze throat to make air faster.  
Use some **Harmonics** to enrich your sound.  
These will also check that you have the right airspeed, pressure and support...  
vs. tighthening or squeezing unknowingly.



**Vowels** can open your sound, move lips in supple way  
and help you sense a more open oral cavity.

**Try these:**  
AH to OH  
OH to AH  
AH to ŌŌ

**Variations:**

~Doing this exercise on 4's, 5's, 6"s... **on each note.**

~5's and **increase quarter note speed.**

~Instead of vibrato, **articulate the rhythms.**