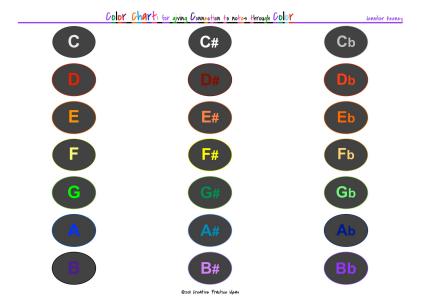
## Col or Chart

Colors like features follow the changes of the emotions...- Pablo Picasso



More Ideas: Use these colors to enliven and connect to your music. Create your own color chart. Use your creativity and imagination.

Listen: Lisa Garner-Santa, flutist - Professor at Texas Tech University CP: Rêver en Couleurs Look: www.lisagarnersanta.com

## Sing & Play

Don't be afraid to take a big step. You can't cross a chasm in two small jumps. ~ David Lloyd George

Explore this great contemporary technique of singing and playing. Enhance \(\frac{1}{2}\) develop your tone, for throat tuning, for learning more about the flow of your breath, for improving your intonation and ear, for adding variety to your music making \(\frac{1}{2}\) for using in many contemporary pieces of music.

1st Step: Start by singing/humming a gentle sustained note. Feel the air on your hand as you sing/humm your note. You need your air moving as you sing and play!

2nd Step: Then sing this note as a sustained pedal note while playing it on your flute at same time. Enjoy!

3rd Step: Play a note in your vocal range, sing that note and then sing and play them, in unison or an

octave apart. What did you experience doing that? For many it is a new feeling. Are you able to keep your breath flowing and your tone alive? Are you singing and playing in tune with yourself? Feel and notice everything you can!

4th Step: sing the first note of a 5 note scale pattern. Play the 5 notes while you sustain the sung tonic note as a pedal point. Ex.—sing a G and play G A B C D. Tune your intervals!

Explore your voice on your flute! This is just a start.

Learn some contemporary pieces too! Be a part of the music of our time! Write your own or commission a new piece of music.

More Ideas: Look up Vocal Folds. Go to Robert Dick's website. See Tone to Do's & Contemporary Techniques Ideas.

Listen: lan Clarke, Flute CD: Within

Look: Within by Ian Clarke & Ian Clarke