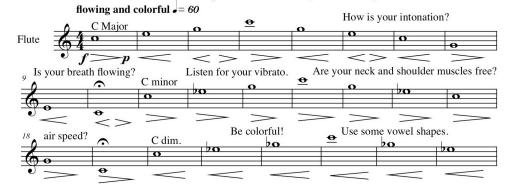
## Long & Luscious

There are no short cuts to any place worth going... ~ Beverly Sills

Be passionate with each of your long tones! Love them, care for them, be in-tune with them...

- 1. Be active & focused. Enjoy learning about your tone, and each note on your flute by playing long tones. Listen!
- 2. Be aware of everything that is creating your sound. What is creating your sound? It takes your whole body & air to create a beautiful sound. How are the muscles around your shoulders and neck? Is your breathing free? Is your embouchure flexible and yet have the stability for a consistent sound? Is your tongue muscle free? Are your vocal folds at rest, open?

Below is a part of Long & Luscious. Use a Key of the Day. Know the Key in it's major and minor forms. The next step is to expand your practice to include more keys and diminished, augmented as you are ready. After you can play 4 counts at mm. 60, add more so that you get up to 16. Really expand your range of dynamics and colors as you play. Enjoy!



More Ideas: See Tone & Tuner I & II and Beautiful Notes. Listen: Anna Moffo CV: la Bellissima Look: La Traviata - Anna Moffo

## Harmonics & Middle & 3rd Octave Harmonics

But what if at some level we are made of sound? ... that we ourselves are a harmonic convergence? ~ Sol Luckman

<u>Harmonics</u> never change their sequence - the ratio of each pitch to itself. But, how you change the strength of each overtone in the harmonic series, is part of what makes your tone unique.

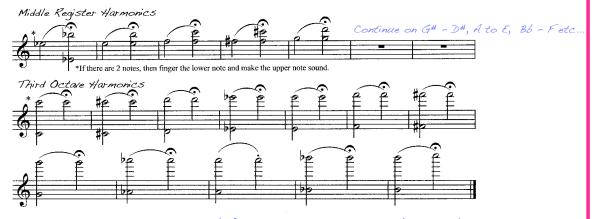
**How**? Listen and learn to fine tune your body and your air. (speed, aim airstream, embouchure, inside mouth, vocal folds, ribs...)

Practicing this exercise will **teach** you how to make these changes and **enhance** your sound.

Remember to bring out the lower, the fundamental sound.

Listen with great care. Take your time. Play these gracefully.

You will develop a more colorful tone, better in-ton-ation and a more flexible embouchure by practicing these.



More Ideas: See Tone & Tuner I & II Exercises. Listen: Spiral of Harmonic Series CD: & Look: Tibetan monks singing overtones